



Authentic  
+ Emergency  
Services Ltd

# First + Aid

## COURSE INFORMATION



### Call us

(027) 2549562, 2549564  
+255 754 999 000



### Email us

enquiries@aes.co.tz



### Visit our office

Our friendly & knowledgeable staff will be happy to assist you.

## FIRST AID ADVANCED

### Objective:

A 7 day course to provide selected persons with the necessary skills and experience to deal with pre-hospital medical emergencies.

#### Module One (A)

- Basic Life Support
- ABC and the chain of survival
- CPR (adults and children)
- Signs and symptoms of:
  - Cardiac complaints
  - Hypo and hyper tension
- Dealing with cardiac conditions, stabilisation and treatment
- Hyperventilation
- Aspirin, sublingual spray and oxygen

#### Module One (B):

- Airway management including 'C' spine consideration
- Assisted breathing with bag valve mask

#### Module Two:

- The secondary survey
- Patient Assessment
- History and kinematics of trauma

Module Three:

- Dealing with Trauma including:
  - Neck and back injuries, stabilisation and transportation
- C Spine control with short extrication device and long board
- Dealing with haemorrhaging and shock
- Fractures (both open and closed)
- Gun shot wounds
- Eye injuries (foreign object in the eye and penetrating eye injury)

Module Four:

- Special casualty access consideration including road accident extrication.

Module Five:

Cannulation including

- Why use fluid replacement and when not to!
- Practical cannulation
- Types of fluid
- Contra indications

Cost per person = 1,500,000 Tshs.