



Authentic
Emergency
Services Ltd

First Aid

COURSE INFORMATION



Call us

(027) 2549562, 2549564
+255 754 999 000



Email us

enquiries@aes.co.tz



Visit our office

Our friendly & knowledgeable staff will be happy to assist you.

FIRST AID PROGRESSIVE

Objective:

To provide selected persons with the necessary skills and experience to deal with being the First Person on Scene for any medical emergencies both at home and outdoors.

1. To provide an 8 hour training session, plus a 2 hour practical session covering:
 - a. What injuries are likely to be encountered, including:
 - Cardiac arrest
 - Falls
 - Cuts & Bruises
 - Electric Shock
 - Burns
 - Choking
 - Snake Bites
 - Crush Injuries
 - b. Use of first aid equipment
 - c. Airways, Bleeding and Fractures
 - d. CPR (including, if purchased the bag & mask resuscitation equipment)
 - e. Airway management
 - f. Casualty handling, spinal management and the recovery position
 - g. Pre-hospital care
 - h. Personal safety

2. Each successful delegate is issued with a certificate that is valid for 12 months.
 - Re-certification available on an annual basis.
3. The training uses scenarios to enforce the theoretical inputs.
4. On completion of the 8 hour session a period of consolidation of around 2 weeks is taken before the 2 hour practical situational exercises are undertaken.
5. Course undertaken on client's premises, or at Authentic Emergency Services Ltd. Should training facilities need to be hired, hire costs to be paid directly by customer.

Minimum number of persons on course - 5

Maximum number of persons - 10

Cost per person = 100,000 Tshs.

