



Authentic
Emergency
Services Ltd

First Aid

COURSE INFORMATION



Call us

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Email us

enquiries@aes.co.tz



Visit our office

Our friendly & knowledgeable
staff will be happy to assist you.

FIRST AID ELEMENTARY

Objective:

3 day First Aid course to provide selected persons with the necessary skills and experience to deal with medical emergencies – safaris, industrial and construction sites away from available medical services or where the processes require an immediate response by good medical responders.

Day 1:

Emergency Life Support

- ABC and the chain of survival
- CPR (adults and children)
- Signs and symptoms of:
 - Cardiac complaints
 - Lung infections
 - Hypo and hyper tension
- Dealing with cardiac conditions, stabilisation and treatment
- Hyperventilation
- Aspirin and oxygen
- Understanding defibrillation
- Safety and risk assessment
- Practical use of automatic external defibrillator on defibrillation manikin
- CPR/defibrillator Scenarios



Day 2:

Dealing with Trauma including:

- Neck and back injuries, stabilisation and transportation
- C Spine control with short extrication device and long board
- Dealing with severe bleeding and shock (including road accident)
- Fractures (both open and closed)
- Gun shot wounds
- Eye injuries (foreign object in the eye and penetrating eye injury)

Day 3:

General aspects including:

- Snake Bites
- Burns
- Animal bites, etc.
- Choking
- Stings and poisonous insects and plants
- Food poisoning and stomach disorders – Fluid Replacement Assessment
- Written assessment
- Oral assessment
- Practical scenario tests

Each successful (practical examination) delegate is issued with a certificate that is valid for 12 months. Re-certification available on an annual basis.

Minimum number of persons on course - 5

Maximum number of persons - 10

Cost per person = 250,000 Tshs.

