



Authentic
Emergency
Services Ltd

First Aid

COURSE INFORMATION



Call us

(027) 2549562, 2549564
+255 754 999 000



Email us

enquiries@aes.co.tz



Visit our office

Our friendly & knowledgeable staff will be happy to assist you.

FIRST AID BEGINNER

Objective:

To provide people with basic Emergency Life Saving skills to deal with immediate life threatening situations

1. To provide a 3 hour training session covering:
 - a. What to do in the first instance
 - b. The signs and symptoms of heart attacks
 - c. Use of first aid equipment
 - d. Emergency Life Saving (ELS) – CPR and the ABC
 - e. Airway management
 - f. Recovery position
 - g. Choking
 - h. Dealing with serious bleeding
2. The training uses practical scenarios to enforce the theoretical inputs.
3. Each successful delegate is issued with a certificate that is valid for 12 months.
4. Course undertaken on client's premises, or at Authentic Emergency Services Ltd. Should training facilities need to be hired, hire costs to be paid directly by customer.

Minimum number of persons on course - 5

Maximum number of persons - 10

Cost per person = 45,000 Tshs

